

# Expectant & New Moms Workshops

**Fridays, January 15, 22, & 29, and February 5, & 12, 2010  
1:00 to 2:00pm Third Floor Hibiscus Room**



**Join Dr. Kimberly O’Gorman as she presents helpful advice on diet, child birth, exercise and more to pregnant women and new moms!**

**Sponsored by:**

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